

Personal Training Agreement for The Total Training Company

I _____, have decided to undertake an exercise program using the services of **The Total Training Company**. All sessions will be billed on a monthly basis. I will be billed for the sessions completed or the number of sessions projected for that month. Any unused sessions will be brought forward to the next month. I understand that notification of a cancellation less than **24** hours from the start of a session will be charged in full. Payments are due upon receipt of invoice. If payment is not received by the end of the month training will be suspended until previous months and the current month are paid in full.

I have read and understand the above agreement, and by my signature below agree to all terms and conditions herein.

Client

Date